

LEVEL	UNIT	LESSON Number 3	EQUIPMENT
Second Grade	Basketball	CONTINUE PASSING WITH A PARTNER	Fitness Cards, Boom Box, Basketball station cards, Music, Playground balls

Objectives

1. Demonstrate the five traditional passes with a partner and in groups of three.
2. Play cooperatively with the class and in their group work.
3. Play safely.
4. Have fun.

Activity	Time (Minutes)	Procedure	Comments/Set- up/ Diagram
Part 1 Warm up	5	Play Dribble Keep Away	
Part 2 Review Passing	5	<p>Review the points to passing and the basic differences between the bounce pass and chest pass.</p> <p style="text-align: center;">THROWING TO A WALL, TARGET OR PERSON</p> <p>[AT] After you get a ball, find an own space across from a target. Throw the ball at the target. Guided discovery questions. (Alternate questions are provided within the lessons of this book)</p> <ol style="list-style-type: none"> 1. Where do your eyes look as you throw the ball at the target? (At the target) 2. What do your arms swing toward as you throw the ball to the target? (Toward the target) Describe the difference between the strong side of the body and the weak side of the body. 3. What direction can the weak leg step to help get your throw to the target? (Toward the target) 4. As you release the ball, what should your palms be facing (the target)? <p style="text-align: center;">CHEST PASS</p> <p>[AT] Use both hands together to throw the ball to the target and release the ball chest height. Guided discovery questions</p> <ol style="list-style-type: none"> 1. To get the best grip, and control of the ball, how should your hands and fingers hold the ball? (Thumbs behind, and fingers spread around the sides.) 2. As you let go of the ball, what can your wrists do to give you more power? (Twists or flick your palms outward) <p style="text-align: center;">BOUNCE PASS</p> <p>[AT] Use both hands together to throw the ball to the target so that it bounces on the floor and then continues to the target be sure to release the ball chest height.</p> <ol style="list-style-type: none"> 1. If you want the ball to bounce up to your partner's waist/chest, where on the ground do you have to bounce the ball? (About 5 feet in front of your partner) 	
Part 3	12	<p>Throw and Catch Tag</p> <p>This tag game works best in a large outside area as it is very active.</p>	

		<p>This is a tag game with one color team being the taggers and 1 player on each team with a playground ball for each of the other five color teams. When a player's flag is pulled they are frozen and may only be unfrozen by a player from their team with the ball completing a pass to them. The player receiving the pass must now pass to someone else who is frozen to unfreeze them. While you have the ball, you must dribble it around (No Traveling!) to find someone from your team who is frozen. You cannot be tagged while you are a dribbler unless you are the last player on your team!</p> <p>Change taggers often.</p> <p>Teaching Suggestions: Emphasize safe throws and safe traveling. Add a little excitement by giving each team two balls.</p>	
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