

Level: First

Lesson: Dancing Scarves, Relationship

Equipment: Drum or tambourine; one light, nylon scarf per dancer; lively music in 4/4 time; tape or record player

Objectives: 1. Travel in each of the three levels manipulating the scarf while traveling.

2. Travel in a level, while moving the scarf in a different level, in relation to the body.

3. Travel in different directions, while moving the scarf in different ways.

4. Travel in the three directions while moving the scarf rhythmically with the music or tambourine.

5. Travel safely.

6. Have fun.

Part 1: Warm up (10 Minutes)

Play a fun warm up game.

Part 2: When I say go, get a scarf and find an own space. Once you are in your own space, see if you can move your scarf to make a circle shape in the air. Ready, go. @

(All these tasks were done without music, and in own space. You can point out the different ways you see the students accomplish the tasks, like what different levels they are using while they are moving the scarf, what pattern they chose for the third task. You can even stop the class to allow a student to show their idea.)

1. Can you make a square shape in the air with your scarf?

2. Can you make a squiggly pattern with your scarf in the air?

3. What kind of a pattern can you make with your scarf as it moves through the air?

(For these tasks you will use music while they are moving the scarf)

1. In your home, show me how you can move your scarf to the music: around you; above you; behind you; in front of you; on either side of you.

2. Can you make your scarf dance from a low level to a high level; from a high level to a low level? Can your scarf dance up and down?

3. Run with your scarf in general space, changing directions and levels.

4. Explore holding your scarf at different levels as you travel: trailing above you; trailing behind you; zig-zagging through the air; moving beside you; moving around you.

5. Each time the music stops, you must change the way you travel. You should also think of another way to move your scarf.

Part 3: Dancing Scarf Story:

Put your three favorite scarf movements together to create a dancing scarf story in personal space; then in general space.

1. When I am done talking, you should think of three ways that you moved your scarf to the music. See if you can think of three very different ways to move it. When the music starts, you will move your scarf one of the ways you have thought of. When the music stops, you will freeze. Then when the music begins again, you should use the second way of moving your scarf, and when the music stops you will freeze again. The third time the music plays, you will move your scarf the third way and then freeze when the music stops. Let's try it. (Begin the music. The music should only play for 8 to 12 counts each time before it stops. You will have to remind the class to change the way they move their scarf each time. Also remind them to remember the three ways, so they can use them later.)

2. When the drum is beating, you will travel around the space using one of the three directions to travel in. While you are traveling, you should be moving the scarf around making it important during your traveling. What are the three directions you can travel in? (Forward, backward and sideward) Remember to freeze when the drum stops. Ready, go. (Begin playing the drum. Play it for at least sixteen counts. Point out the different directions you see and the different ways they are moving their scarfs.)

3. Now when the music begins again, you will do your three ways of moving the scarf in own space. Remember each time the music stops, you should change the way you move the scarf. When all three ways are finished, the drum will begin, and that is your signal to begin traveling again. Choose a different direction to travel in than the one you used last time.

4. This time I am not going to stop in between the two parts of our scarf dance. You will start in own space with the three ways of moving your scarf, one each time the music plays, then I will begin playing the drum while you travel. Each time you travel, you should choose a different direction to travel in. Ready, go. (As the students are working, point out the different ways you see the scarf being moved, point out the students who are changing the way they move the scarf each time, and point out the different ways that everyone is traveling and moving their scarves when the music plays.)

Partner Scarf Dance:

Find a partner. One partner lead while the other partner follows and copies the leader's movements.

1. When I say go, find a partner and a working space to start in. Staying in your own space, one of you be the leader, and the other will follow. After a couple minutes you will get to switch. Show your partner your three ways you moved your scarf in own space and let them try it with you. (Allow each partner to be a leader, first without the music and then with the music.)
2. Now show your partner one way you traveled while the drum played. Then let your partner show you one way they traveled when the drum played. (Give them a couple minutes to do this.) Now, I will play the drum, both of you travel the same way, first using one partners traveling, and the second time, use the other partner=s way of traveling. Ready, go. (Begin playing the drum, pause after 16 counts, and then begin again for the second leader.)
3. Now we will put it all together. The first time you move the scarves three times in own space, use the first partners way. Then the drum will play, and you both should travel the first partner=s way. The second time through, use the second partner=s way. We will go through it four times so you do each part two times.