


LEVEL	UNIT	LESSON Number 3	EQUIPMENT
Second Grade	Soccer	Shooting Review and Goaltending	Markers, Control Cones, Soccer Cones, Chalk, Fitness Cards, Soccer Balls

Objectives

1. Work cooperatively in the mini games.
2. Verbally describe how to shoot the ball and defend the goal.
3. Play safely.
4. Have Fun
5. Move quickly from one task to another.

Activity	Time (Minutes)	Procedure	Comments/Set- up/ Diagram
Part 1 Review Shooting	10	<p>SHOOTING:</p> <p>Discuss the similarities with the class regarding passing and shooting. Shooting sends the ball to the goal. You want the ball to go away from the goalie but still into the goal, unlike passing where you are trying to wend the ball to a teammate.</p> <ul style="list-style-type: none"> ✓ Review the parts of the foot you can use: Instep or top of foot, inside or arch of foot, Outside, Toes, Heel and Bottom of the foot. ✓ When you are kicking to a target, what do you look at as you kick the ball? (The ball) ✓ When you are kicking to a target what parts of the foot should you kick the ball with for the most accuracy? (The instep, top of foot or laces, the inside and the outside). ✓ Where should the part of your foot that contacts the ball be facing, beside the ball? (Your target.) ✓ If you want to kick the ball to your target, what should your non-kicking foot step toward? (Your partner) ✓ Where should your non-kicking foot be placed in relation to the ball, as you get ready to kick it? (On the side of the ball, slightly behind it.) ✓ If you want to fake the goalie out so they don't know where you are going to shoot it toward, what can you do? (Fake a motion with your upper body. Step toward one direction and quickly change to kick it toward the other side of the goal. Look with your eyes in one direction, and then kick it in another.) <p>Warm up with a game of Soccer Knock Down! Fun and Fitness.</p>	
Part 2 Introduce Goaltending	10	<p>As you are going through these points, have the students kicking toward a goal, with one partner being the goalie and the other shooting. Allow the students to take three shots and then switch rolls.</p> <p>GOALTENDING:</p> <ul style="list-style-type: none"> ✓ If you want to stop the ball, what should you look at? (Always look at the ball; you can't fake the ball's actual movement.) ✓ If you want to make it harder for the shooter to make a goal, where should you position yourself in relation to the goal? (Between the ball and the goal. Out away from the actual goal, close enough to always move closer to the goal than any other player on the field.) ✓ What part of the body can stop the ball? (Any part, as long as the goalie is inside the goal box.) ✓ If you want to be able to defend the goal from any angle, what level should you begin with your body in? (Medium, it allows you to move freely and into any level.) 	<p>These points should either be allowed to be discovered before being asked to answer, or tell the class the point, let them work on it and then you can review with questions. While they are working with partners, walk around to the partners, refining their skills, pointing out students with good form to the class and complimenting the students who are doing a great job of playing together and working on the skill.</p>

Part 3
Practice, Mini
Game

10

3v3 mini games

Find 2 other sets of partners to play with, and sit back to back with them.

You will need 1-ball six markers and four tall cones and some chalk to set up their field. (I will have one field set up to show how it should look.)

The Game

One player will play goalie, and the other players will dribble and pass the ball around to try and score a goal. If a goal is scored or a rule is broken, the team that did not score or break the rule will put the ball in the center of the field to begin the game again. If the ball goes out of bounds, the ball should be put on the line, where it went out of bounds and the team that did not kick it out will kick it into the boundaries to one of their players.

Rules:

No touching the ball with your hands and arms, unless you are the goalie. Then you must be in the goal box.

The ball must stay in the boundaries.

No touching any player with your hands or body.

Every time a goal is made, change goalies.



Mini Game
set up.

