

LEVEL	UNIT	LESSON Number 8	EQUIPMENT
First Grade	Softball	2 Versus 2 – Hitting Game	Fitness cards, Music, stereo, Hoops/Chalk, Control Cones, Bats, Balls, Bases

Objectives

1. Students will have fun.
2. Students will play safe.
3. Students will play fair.
4. Students will use the skills of hitting, throwing and catching to play the offense and Defense positions during the game.
5. Students will discuss the strategy of the game regarding the batter and the fielders.

Activity	Time (Minutes)	Procedure	Comments/ Set-up/ Diagram
Part 1 Warm Up	8	<p>8/9/10 Fitness stations (<i>However many you need to get four to a station</i>) Each student will only do 6 stations.</p> <p>After the class finishes the workout they will get into partners at their tee. That will be their teammate and the other two partners will be their opponents.</p> <p>(Under each control cone will be the tee. Around each cone will be a hoop. Inside the hoop will be a bat, ball and two bases. The students will bring the card back to me when they are finished and set up their game. The cones will be preset where I want the tee for each game to be. There will be a chalk line or a hoop to mark where the tee should stay in case it gets knocked over.)</p> <p>At their stations I will explain the game.</p>	
Part 2/3	20	<p>2 Versus 2 – Hitting Game</p> <p>Two fielders standing out in the field between the two bases. The bases form the boundaries of the game – the foul lines. We will take a minute to talk about foul lines.</p> <p>The partner not batting will stand in the dug out until the play is over, otherwise the batter will be out. The batter will hit the ball off the tee and then choose which base to run to. Once they make a choice, they must run to that base before the fielders get the ball and throw it to the partner on the base. If the fielder gets to the base before a fielder touches the base with their foot while holding the ball, the fielder gets a point. If the fielders get the ball to the base, touch it with their foot while holding the ball, then the batter is out. Either way the next batter is up. After both players have had a turn to bat, the fielding team comes up to bat and the batting team goes to the field.</p> <p>Talk more about strategy.</p> <ol style="list-style-type: none"> 1. When you are the batter how do you decide which base to run to? 2. If the base runner chooses the base that is farther from you than your partner is it better to run over to the base to try to get the runner out, or is it faster to throw the ball to your partner who is closer to the base? <p>Be sure to let them practice it a little bit before you ask them to tell you. You can let them work for five minutes on each question, as you walk around to each game discussing it.</p>	<p>Equipment: Hoop/Chalk Control Cone Bat Ball 2 Bases</p>

